

Following discharge from the ward for the first 24 hours -

Safari Day Unit Lincoln Hospital	01522 573172
Rainforest Ward Lincoln Hospital	01522 573786
Children's Ward Pilgrim Hospital	01205 445563

Outpatient appointment

You will not usually be given an appointment. You will be told before you leave the ward if the dentist needs to see you again.

If a wound bleeds excessively

(Other than a slight trickle)

roll up a clean handkerchief tightly, place over the wound and bite hard for 20 minutes. The pressure of the biting should stop the bleeding.

If you are concerned it is important that your child is seen by a dentist

Feedback is always welcome - if you have any comments on this leaflet please talk to a member of the ward team or inform us in writing.

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

The Trust endeavours to ensure that the information given here is accurate and impartial.



If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk



Dental Surgery Discharge Advice

Children's Services
Lincoln County Hospital
Pilgrim Hospital Boston
Grantham Hospital
www.ulh.nhs.uk

What to expect after the treatment

Pain

This may last several days after your operation but is usually well controlled by simple painkillers. Paracetamol (Calpol) and/or ibuprofen are suitable.

Swelling

This may also last several days and might not appear for a day or two days after the procedure. The degree of swelling is unpredictable but it is a normal response to surgery and unless there is severe pain or severely restricted swallowing or breathing, is not a cause for concern.

Limitation of mouth opening

Again this is expected after surgery to the mouth or jaw. It may last several days.

Altered sensation

Even if you have had a general anaesthetic for your operation some local anaesthetic will have been injected to reduce the discomfort immediately after the procedure. This means that you will be '**numb**' or '**tingling**' around some areas of your face and mouth. This may last several hours.

If it persists for more than 2 days and you do not have a review date with us please make an appointment with your own dentist.

At home

If you have been given antibiotics (not everyone is) **you must complete the course**, unless you suffer any side effects. If this happens, **contact your GP immediately**.

Do not rinse your mouth for 24 hours after the operation and after that time use warm salty water.

(Dissolve a teaspoon full of salt in a tumbler of water and allow to cool. Rinse your mouth with this solution twice a day).

Eat and drink whatever you can manage.

Avoid hot food and drinks while your mouth is numb.

A clean mouth is essential for healing. Teeth should be brushed as normally as possible.

Smoking can significantly delay healing.

Joshua aged 10 years

